

Scribbly FARM

THE ESSENTIAL DISCONNECT

**2 days.
100 acres.
Zero distractions.**

A nature-based leadership reset designed to unlock clarity, energy, resilience, and fresh strategic perspective and thinking. Here, nature becomes the strategist, mentor & innovation lab.



Why now?

In a world of overload and constant digital noise, reactive decision making, leaders are losing the space they need to think.

The Essential Disconnect gives that space back, with purpose.

Who it's for..

- Senior leaders and executives
- Executive teams needing space to think differently
- Teams moving through transformation, growth or uncertainty
- Leaders responsible for culture, wellbeing and innovation
- Strategy and transformation leads
- Founders navigating change



What to *expect*

A 36-hour, off-grid leadership experience set on 100 private acres at Scribbly Farm — designed to disrupt default thinking and reset optimum high-performance mindsets.

Digital detox by design – devices off, distractions removed, focus restored.

Facilitated Strategic Thinking & Problem-Solving Forums, targeting your key challenges.

Leverage the natural environment to Gain New Perspectives and Drive Innovative thinking.

Practical Mindfulness enhance focus, creativity, and wellbeing.

Meet the Farmer: insights from agricultural leadership, practical insights on long term thinking, risk and resilience from someone who plans in seasons not quarters

Premium fireside dining and discovery under the stars.

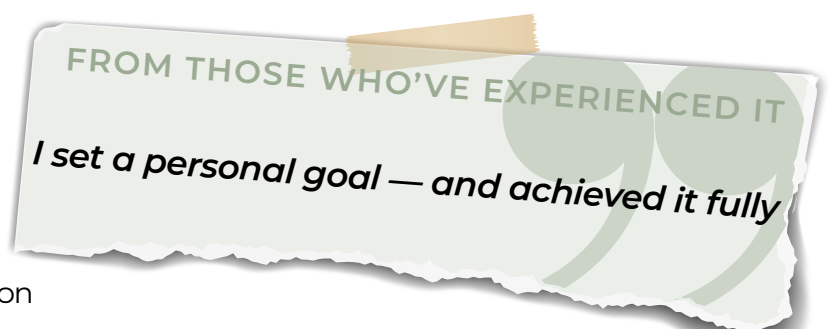
Small group format fostering deeper exploration, discussion and connection.

Luxury Off-Grid Glamping with comfortable beds. Other accommodation options available on request.

Pre- and post-programme engagement, with the option to extend for additional support.

Optional bespoke programming, tailored to your business priorities and goals, with flexibility to extend or reduce both content and timeframe.

Private and open courses available year round.





FROM THOSE WHO'VE EXPERIENCED IT
Surrendering the phone was a positive experience and from my perspective a must do for future programmes

Core *outcomes*

Restore clarity and reconnect with your energy source by disconnecting from daily demands and reducing cognitive overload.

Enhance your performance where it matters most, through the restorative effects of nature on body, mind, emotion and spirit.

Grow into your potential by exploring personal and professional challenges through metaphors and analogies from the natural world.

Maximise your personal and professional purpose by strengthening self-connection and reconnecting with core values and future aspirations.

Renewed capacity for focused, creative thinking.

A genuine reset — not just a break, but a full recalibration.

Practical techniques to protect and prioritise high value thinking time in your business.

Actionable commitments with meaningful real-world follow-through.

FROM THOSE WHO'VE EXPERIENCED IT
It is Essential! It is a time and space to allow yourself to get free from the pace in which we are being pushed to live at and then allow you to re-set a new pace at which you are happy to live at

Accessible Location

Conveniently located just 15 minutes from the main Sydney-Canberra train line, 1.5 hours' drive Sydney Kingsford Smith Airport. 15 minutes' drive from Mittagong and 30 mins from Bowral. Scribbly Farm offers easy access, whether they're coming from Sydney, Canberra, or beyond.