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MONDAY

Bowral Centre: Hansen St
Bowral

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Moss Vale Centre: Queen St
Moss Vale

TUESDAY

Bowral Centre: Hansen St
Bowral

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Moss Vale Centre: Queen St
Moss Vale

WEDNESDAY

Bowral Centre: Hansen St
Bowral

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Moss Vale Centre: Queen St
Moss Vale

THURSDAY

Bowral Centre: Hansen St
Bowral

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Moss Vale Centre: Queen St
Moss Vale

FRIDAY

Bowral Centre: Hansen St
Bowral

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Moss Vale Centre: Queen St
Moss Vale



Social Groups for Seniors

Ph: 4862 1774

*Providing 35 years of service to the
Wingecarribee Shire Community*

For Fun and Friendship

3 Hansen Street
PO Box 1324
BOWRAL NSW 2576
mail@wadcc.org.au

SOCIAL GROUPS

For Fun and Friendship

Who are we?

We are a local, not for profit service that provides social opportunities within a group setting for frail aged people and people with dementia. We have been providing this service to people who are living in the Wingecarribee Community – either in their own home or with a carer for over 35 years.

We know that older people can become very isolated when they can no longer get out and do everything that they used to do. We know how important and health giving it is to have friends and fun and interests outside the home.

At our Social Groups we have various activities such as quizzes, guest speakers, music, bingo, interesting talks and some outings. At most Centres we are able to provide transport to and from the Social Groups. We also serve a delicious morning tea and two course lunch.

Our staff are well trained and love their jobs – we are committed to our Social Groups having great days with us.



How much does attending the Adult Day Centre Cost?

The cost of the day is \$15.00* and is payable each time you attend. If you would find this amount difficult to find, we are happy to make special arrangements with you.

What do I need to do to start attending a Social Group?

Please ring the Manager on 4862 1774 so that we can find out how we can help you.

Can I attend if I am in a wheelchair?

Yes! We have wheelchair accessible transport and venues.

* CHSP eligible



Dementia

People with dementia are included in all of our Social Groups. Our programmes are designed to focus on retaining skills and abilities in a setting that is caring and dignified, and to provide respite for the Carer.

How do I know I am eligible to attend a Social Group? Can my carer or a friend come with me?

We can arrange an assessment for you. We want you to feel as comfortable and confident as possible – you may also want someone you trust to ring on your behalf initially.

If I can't come along for a few weeks because I am sick or go away, will I lose my place?

No, you will not, we will hold your place for you for up to 3 months until you are able to return. If you need to cancel your attendance you will not be charged for the day.

